

## **2019 PROCEDURES AND RULES FOR CONTESTANTS**

The competition is **FREE TO ENTER** and open to all - amateurs, professionals and culinary art students.

The three (3) Categories of the competition are: Breakfast “Alaskan Style”, Chowder and Main Dish. Included in the competition will be the People’s Choice Award. Each dish **must have seafood** as the main ingredient. **THE CITY OF VALDEZ WILL SUPPLY THE SEAFOOD. HALIBUT, PINK SALMON, SILVER SALMON, RED SALMON, SHRIMP AND ROCK FISH. YOU WILL BE NOTIFIED IF ANY OF THE SEAFOOD IS UNAVAILABLE.**

**EACH ENTRANT MUST ENSURE THE BELOW HAS BEEN READ AND UNDERSTOOD PRIOR TO REGISTRATION. THIS IS A GRUELLING COMPETITION AND THIS SCHEDULE HAS NEVER BEEN ACHIEVED ANYWHERE ELSE IN THE WORLD. CAN YOU TOUGH IT OUT?! ARE YOU THE BEST?! IF SO, READ ON.....**

1. Applications must be submitted by July 31, 2019, 5pm. Email to [LRegan@ValdezAK.gov](mailto:LRegan@ValdezAK.gov) or drop off at the front desk at City Hall. Finalist will be announced and contacted on August 1st, 2019. You **MUST** be able to enter into every category. **REGISTER EARLY** to avoid disappointment as limited spaces are available. Applications excepted on a first come basis.
2. There will be 3 sessions of competition:
  - a) Morning session – “Breakfast Alaskan Style” **Start time 9am.**
  - b) Afternoon session – Chowder. **Start time 1:30pm.**
  - c) Evening session – Main Dish. **Start time 6:00pm**
3. You will have **TWO** hours to prepare and present 4 regular meal portions of your dish. (one for each judge) You are encouraged to do as much prep off site as possible. Penalties will be deducted for exceeding your allotted cooking time. You must plate and serve the four (4) judges first.
4. You **must also** include **100 tasting/sample size portions for each category during your allotted two (2) hours. These portions** will be served to the audience through pre purchased tasting tickets. The City will provide the tasting tickets to the public.
5. **You must ensure you have provided the quantity of seafood needed** on your application form so the City has enough time to order and receive all seafood. The seafood will be distributed to each entrant on the morning of the competition. No seafood will be distributed earlier.
6. All cooks will supply their own cooking ingredients (**except for the seafood** – The City of Valdez will be supplying the seafood), cooking utensils, and presenting dishware and cutlery for the judges only. The City will provide the sample plates and cutlery for the tasting portions.
7. There are SIX (6) BBQ grills - one for each contestant each session.
8. There is NO refrigerator for temporary storage. Please bring your own storage containers.
9. You are encouraged to have assistants to help.
10. Prize winners will be announced at 9:00 PM on the Sunday, August 25<sup>th</sup>. All will compete for the grand prize totaling \$3000. Breakfast \$500 Chowder \$750 and Main \$1,500. In addition a prize of \$250 will be given to the winner of the People’s Choice Award, which is voted by the Public.

## **ALL CONTESTANTS AND THEIR ASSISTANTS MUST COMPLY WITH SAFE HANDLING PROCEDURES**

1. Each contestant and their assistants must follow the ADEC rules of safe handling procedure.
2. Gloves must be worn while preparing raw foods and serving final product.
3. Temperatures -cold foods 40 degrees or below, hot food over 140 degrees
4. Serve cold food on cold plates, hot food on hot plates
5. Hair restrains of some kind must be worn. (Traditional Chef's hat, hairnet or clean baseball cap)
6. Chef's coats and pants are acceptable, however clean attire is mandatory.
7. Avoid wearing large jewelry items.

### **Entrants Cooking time & Schedule.**

#### **Breakfast "Alaskan Style" Category: Start 9am – 11am**

11:10am – 11:20am Judging of Breakfast Category.

**11:30am** Public Tasting Session

People's Choice Award Voting is open.

Entrants have 2 hours to prepare for next category.

#### **Chowder: Start 1:30pm - 3:30pm**

3:40pm – 3:50pm Judging of Chowder Category.

**4:00pm** Public Tasting Session

People's Choice Award Voting is open.

Entrants have 2 hours to prepare for next category.

#### **Main dish: Start 6:00pm – 8:00pm**

8:10pm – 8:20pm Judging of Main Dish Category.

**8:30pm** Public Tasting Session

People's Choice Award Voting is open.

**9:00pm People's Choice Award Voting ends.**

**Winners of each category, and the People's Choice Award announced.**